AMY NICHOLSON, MS, SEP, LPC, LMT, BCTMB

Somatic Psychotherapy & Energy Medicine 720 Hill St. #240 Madison, WI 53705 608.628.0300 amy@amynicholson.co

Continuing Education & Training 1998-2020 Meditation, Shamanic Healing, Energy Medicine, Neurobiology of Trauma, Sound Healing & Bodywork

Usui Reiki Levels 1 & 2 10-Day Silent Retreat, Northwest Vipassana Center Labor Support Course & Doula Certification Earth Activist Training, Starhawk & Penny Livingston-Stark TIBIA Massage School, (700 hrs.)	Olympia, Washington Onalaska, WA Seattle Midwifery School Cazadero, CA Madison, WI	10/1998 11/1998 2,4/1999 6/2001 9/01-6/02			
A Mystical Path, Intuitive Development w/Micaela Torcaso	Madison, WI	10/01-5/02			
Jaes Seis (2003-2007) Shamanism Classes	Richland Center, WI	2003-2007			
~Foundations of Shamanism and Intro to Shamanic Journ	neying	2003			
~Sacred Sisterhood Series		2003			
~Core Shamanism Apprenticeship with Jaes Seis & Ana I		2003-2004			
~Medicine Wheel & Mesa Apprenticeship w/ Jaes Seis & ~Assistant to Jaes Seis	Ana Larramenui	2004-2005 2004-2007			
Shamanic Healing Mentoring Ana Larramendi		2004-2007 2005-current			
Herb Stevenson Medicine Wheel, Shamanic Healing & Crystal	Gride (WLOH)	2007-2017			
Javier Reguiero, Plant Medicine	Pisac, Peru	6/2007			
Divine Feminine Pilgrimage w/Luzclara and Jaes Seis	Peru & Bolivia	6/2007			
Machetun Initiation & Sound Healing w/Luzclara	Dodgeville, WI	10/2007			
Ana Larramendi, Land Healing	Madison, WI	4/2008			
Ana Larramendi, Shamanic Extraction	Dodgeville, WI	10/2008			
Jose Luis Herrera~Andean Cosmology	Dodgeville, WI	10/2008			
Zero Balancing Levels I & II, David Laden	Madison, WI	11/08-4/09			
Full Circle/Munayki Initiation w/Don Francisco and Doña Juanita, Diane Dunn, Peru,					
Weather Shamanism w/ Nan Moss and Davis Corbin	Dodgeville, WI	5/2010			
Santa Barbara Graduate Institute: Somatic Psychology Coursewo		2010-2011 2010-2013			
Somatic Experiencing Certification, a 3-year training, Neurobiology of Trauma (SEP)					
SE Assistant-Madison Cohort, Dea Paranashi					
Myron Eschowsky, Ancestral Trauma, Shamanic Healing for Car		2011-2017			
Javier Reguiero~ Plant Medicine Retreat	Pisac, Peru	7/2015			
Sound Healing, Sacred Marriage & Machetun w/Luzclara	Stone Lake, WI	9/2014			
Ana Larramendi- Soul Retrieval Intensive	Dodgeville, WI	4/2014			
Neurobiology of Attachment, 8-week Master Course, Diane Pool		2-4/2017			
Vision Quest in Death Valley, CA with Carol Parker	Death Valley, CA	3/2019			
Qoya Initiation Teacher Training, Rochelle Sheik	Kripalu, MA Evanston, IL	7/2019			
Relational Bodywork and Somatic Education TM Dave Berger		3/2020 8-2/2020			
Miranda MacPhereson, Embodying Grace in Challenging Times, 7 month intensive					
Peter Levine: SE Master Class: Working with Syndromes Peter Levine and Efu Nayaki: SE Master Class: Hauntings to Wholeness Ancestral Healing					
Peter Levine and Efu Nayaki: SE Master Class: Hauntings to Wholeness Ancestral Healing 11/2020					
Andean Energy Medicine, P'aqo Mentoring: Túpaq T'ito Kuntur (Adolfo T'ito Condori) 2011-current					
I have spent the past 10 years studying with Túpaq, organizing workshops and pilgrimages in the states and Peru and					

assisting him with curriculum development, translation and coordination.

•	Traditional Healing in Peru (teacher/organizer)	Sacred Valley, Peru	6/2011
•	Pilgrimage: Pomaqanchi, Salkantay & Humantay, Misah Mas	sterclass, Sacred Valley, Peru	07/2011
•	Andean Cosmology, Celestial Mesa Masterclass (Assistant)		10/2012
	Andean Cosmology Presentations (Coordinator) MATC & U	W-Whitewater Wisconsin	4/2015
•	Sacred Offerings & Despachos (Assistant)	Dodgeville, WI	4/2015
•	Hampi Misah Master Class, Chumpi Misah (Assistant)	Dodgeville, WI	4/2015

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•	Private mentoring	SW Wisconsin	4/2015
•	Traditional Healing in Peru (taught and organized)	Sacred Valley, Peru	6/2015
•	1:1 Mentoring & Initiation: Hampi Misah and K'anchaq Misa		7-8/2015
	Sacred Valley, Pomaqanchi and Ausangate, Peru		
•	Andean Cosmology, Misah Mastay Masterclass (Assistant)	Dodgeville, WI	4/2016
Sacred Offerings, Misah Mastay Masterclass (Assistant & Organizer)			
	& 1:1 Mentoring	Asheville, NC	4/2016
•	Master Class: Manqos Wasi and K'anchaq Misah,	Green Bay, WI	8/2016
•	Master Class: Pachawan Kausay, Manqos Wasi, Kallpa Kamachiy,		
	 & 1:1 Mentoring (Coordinator & Assistant) 	Highlands, NC	5-6/2017
•	• Hampi Kamayoq~Pilgrimage to Ausangate, 1:1 Mentoring (Organizer & Assistant) Peru		7-8/2018
•	Master Class; Hampi Kamayoq Amaru, Misah Review Classes (assistant) SW WI		9-10/2019
•	 Pachakutiq-Cycles of Transformation: 5 part series online (coordinated & organized) 		5-6/2020
•	Hampi Kamayo-Advanced Master Class:		
	8 week online class (coordinated, assisted, organized and translated curriculum)		
•	 Pachakutiq Series 1&2, with the T'ito Brothers, organized by Teri Nehring 		6-8/2020

^{*}I have been blessed with some incredible teachers. The bolded teachers are the ones who I have studied for an extended period of time, or the ones I continue to study with...

^{**}Also, this document is a work in progress and is not meant to be entirely complete or accurate at this point in time. This is a work in progress and is only to be used for clients and students to understand my background and training.