

AMY NICHOLSON,MS, SEP, LPC, LMT, BCTMB
 Somatic Psychotherapy & Energy Medicine
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Continuing Education & Training 1998-2020

Meditation, Shamanic Healing, Energy Medicine,
 Neurobiology of Trauma, Sound Healing & Bodywork

Usui Reiki Levels 1 & 2	Olympia, Washington	10/1998
10-Day Silent Retreat, Northwest Vipassana Center	Onalaska, WA	11/1998
Labor Support Course & Doula Certification	Seattle Midwifery School	2, 4/1999
Earth Activist Training, Starhawk & Penny Livingston-Stark	Cazadero, CA	6/2001
TIBIA Massage School, (700 hrs.)	Madison, WI	9/01-6/02
A Mystical Path, Intuitive Development w/Micaela Torcaso	Madison, WI	10/01-5/02
Jaes Seis (2003-2007) Shamanism Classes	Richland Center, WI	2003-2007
~Foundations of Shamanism and Intro to Shamanic Journeying		2003
~Sacred Sisterhood Series		2003
~Core Shamanism Apprenticeship with Jaes Seis & Ana Larramendi		2003-2004
~Medicine Wheel & Mesa Apprenticeship w/ Jaes Seis & Ana Larramendi		2004-2005
~Assistant to Jaes Seis		2004-2007
Shamanic Healing Mentoring Ana Larramendi		2005-current
Herb Stevenson Medicine Wheel, Shamanic Healing & Crystal Grids (WI, OH)		2007-2017
Javier Reguiero, Plant Medicine	Pisac, Peru	6/2007
Divine Feminine Pilgrimage w/Luzclara and Jaes Seis	Peru & Bolivia	6/2007
Machetun Initiation & Sound Healing w/Luzclara	Dodgeville, WI	10/2007
Ana Larramendi, Land Healing	Madison, WI	4/2008
Ana Larramendi, Shamanic Extraction	Dodgeville, WI	10/2008
Jose Luis Herrera~Andean Cosmology	Dodgeville, WI	10/2008
Zero Balancing Levels I & II, David Laden	Madison, WI	11/08-4/09
Full Circle/Munayki Initiation w/Don Francisco and Doña Juanita, Diane Dunn, Peru,		6/2009
Weather Shamanism w/ Nan Moss and Davis Corbin	Dodgeville, WI	5/2010
Santa Barbara Graduate Institute: Somatic Psychology Coursework Santa Barbara, CA		2010-2011
Somatic Experiencing Certification, a 3-year training, Neurobiology of Trauma (SEP)		2010-2013
SE Assistant-Madison Cohort, Dea Paranashi		2019-
Myron Eschowsky, Ancestral Trauma, Shamanic Healing for Cancer Mentoring		2011-2017
Javier Reguiero~ Plant Medicine Retreat	Pisac, Peru	7/2015
Sound Healing, Sacred Marriage & Machetun w/Luzclara	Stone Lake, WI	9/2014
Ana Larramendi- Soul Retrieval Intensive	Dodgeville, WI	4/2014
Neurobiology of Attachment, 8-week Master Course, Diane Poole-Heller		2-4/2017
Vision Quest in Death Valley, CA with Carol Parker	Death Valley, CA	3/2019
Qoya Initiation Teacher Training, Rochelle Sheik	Kripalu, MA	7/2019
Relational Bodywork and Somatic Education™ Dave Berger	Evanston, IL	3/2020
Miranda MacPherson, Embodying Grace in Challenging Times, 7 month intensive		8-2/2020
Peter Levine: SE Master Class: Working with Syndromes		10/2020
Peter Levine and Efu Nayaki: SE Master Class: Hauntings to Wholeness Ancestral Healing		11/2020
Andean Energy Medicine, P'aqo Mentoring: Túpaq T'ito Kuntur (Adolfo T'ito Condori)		2011-current
<i>I have spent the past 10 years studying with Túpaq, organizing workshops and pilgrimages in the states and Peru and assisting him with curriculum development, translation and coordination.</i>		
• Traditional Healing in Peru (teacher/organizer)	Sacred Valley, Peru	6/2011
• Pilgrimage: Pomaqanchi, Salkantay & Humantay, Misah Masterclass, Sacred Valley, Peru		07/ 2011
• Andean Cosmology, Celestial Mesa Masterclass (Assistant)	Dodgeville, WI	10/2012
• Andean Cosmology Presentations (Coordinator) MATC & UW-Whitewater Wisconsin		4/2015
• Sacred Offerings & Despachos (Assistant)	Dodgeville, WI	4/2015
• Hampi Misah Master Class, Chumpi Misah (Assistant)	Dodgeville, WI	4/2015

